



OCTOBER 2026 ONE OFF SESSIONS AT SEND CENTRAL IN COLLABORATION WITH PARENT CARER FORUM YORK

Thursday 1st October 7pm - 8pm Transitioning to Secondary School with an Education Health and Care Plan- ONLINE

An information session led by the SEND casework team around applying for Secondary Schools when your child or young person has an Educational Health and Care Plan- this session is ideally for parents and carers of children who are in Year 5& may be helpful for year 6. Email SENDCENTRAL@york.gov.uk for MS Teams joining instructions.

Monday 5th October 1pm- 2pm How to Best Support Your Child with Reframing Demands when Life Feels Overwhelming.

A workshop for parents and carers of children and young people with SEND led by colleagues from Danesgate Community around how to best support in de-escalating difficult situations when your child is experiencing distress. This will be focusing on presenting behaviours, what this may be communicating and thinking about how we can reframe demands to best support your child. No booking needed - held at SEND CENTRAL

Monday 12th October 1pm – 2pm Recognising Big Emotions in Primary aged children

A one off session led by the School Wellbeing Service for parents and carers to pop in and seek some advice and have a look at different resources that may support your child when experiencing big emotions for primary aged children. No booking needed - held at SEND CENTRAL

Tuesday 13th October 1pm - 2.30pm Barriers to School Attendance

An information session led by the Educational Psychology Team around understanding barriers to school attendance and how to support your child or young person when they are experiencing significant barriers to school engagement. This session will focus on introducing the WARMTH framework, wellbeing and energy accounting. No booking needed - held at SEND CENTRAL

Tuesday 20th October 2pm – 3pm PCF Listening Event - The plans for SEND Reform in York

Join York's Head of SEND, Principal Educational Psychologist, Specialist Teaching Team Manager and Parent Carer forum for an information session where we will share updates on York's SEND Local Area Reform Plan and the work taking place following the proposals outlined in the white paper Every Child Achieving and Thriving and the national consultation that closed in May 2026. We want to hear from parents and carers and would value your involvement in helping to shape future support for children and young people in education. No booking needed - held at SEND CENTRAL

Thursday 22nd October from 1pm- School Admissions appointments

Providing information, advice and guidance for parents and carers applying for a mainstream school place especially those who might be applying for reception or Year 7 school places for September 2027. Parents and carers for children with an EHCP should speak to their SEN Caseworker and website <https://www.yorksends.org/education-childcare-0-25/applying-school-place-york>
Email SENDCENTRAL@york.gov.uk to book your 20 min appointment.

Friday 23rd October 11am - 12pm Post 16 Education and Employment Pathways

The City of York Council Specialist Learning and Employment Advisor Team (SLEAT) will offer an information on support and pathways that may be available for young people Post 16 in York. The session will include information about the Specialist Learning and Employment Advisor Team (SLEAT) and the support they might be able to offer, as well as information about Post-16 employment pathways such as Supported Internships.

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