



JANUARY 2026 INFORMATION SESSIONS AT SEND CENTRAL IN COLLABORATION WITH PARENT CARER FORUM YORK - NO NEED TO BOOK JUST COME ALONG

Monday 12th January 1pm- 2pm – Understanding Young Carers Support

An information session led by young carers that will look at what their offer is and how you can refer a young carer who may have a sibling or other family member who has additional needs for care and support.

Monday 19th January 1pm- 2pm- Recognising big emotions in primary aged students.

An information session for parents/carers led by the School Wellbeing Service, which will describe who they are and how they support all schools in York with the emotional wellbeing needs of students. This session will also focus on how you can support your child when they are experiencing big emotions, with a questions and answer session at the end.

Friday 23rd January 1pm-2 pm – Registering with York Carers and Understanding their Offer

An information session from York Carers, they will talk through the support that they can offer and the benefits available from registering with them as a carer of a child or young person who has SEND.

Monday 26th January 2026 1-2pm Barriers to School Attendance

A workshop led by the Educational Psychology Service for parents/carers to explore barriers to school attendance, with a focus on:

School-based strategies to support when your child/young person is experiencing significant barriers to school engagement.

All held at SEND CENTRAL, Children's Centre on the site of Clifton Green Primary School, Water Lane York YO30 6JA Tel: 01904 555076 Email: SENDCENTRAL@york.gov.uk

