

## FISHERGATE SPRING MENU 2025

		<b>MONDAY (MEAT FREE)</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>WEEK ONE</b>	<b>OPTION 1 (MEAT/FISH)</b>	Cheese & Tomato Pizza with Roasted New Potatoes (VEG)	Pasta Bolognese with Garlic Bread	Sausages with Mashed Potatoes & Yorkshire Pudding	Mild Chicken Tikka Masala with Rice	Fish Fingers or Salmon Fingers with Chips & Ketchup
	<b>OPTION 2 (VEG/VG)</b>	Veggie Burger In a Bun with Roasted New Potatoes (VEG)	Vegan Pasta Bolognese with Garlic Bread (VG)	Veggie Sausages with Mashed Potatoes & Yorkshire Pudding (VEG)	Vegetable Fajita with Rice (VG)	Cheese Baguette with Chips & Ketchup (VEG)
	<b>OPTION 3 (JP)</b>	Baked Potato with Choice of Filling	Baked Potato with Choice of Filling	Baked Potato with Choice of Filling	Baked Potato with Choice of Filling	Baked Potato with Choice of Filling
	<b>DESSERT</b>	Apple Crumble with Ice Cream	Iced Sprinkle Sponge Cake	Berry Mousse	Jelly with Fruit	Vanilla Shorty
<b>WEEK TWO</b>	<b>OPTION 1 (MEAT/FISH)</b>	Macaroni Cheese (VEG)	Greek Chicken Pitta with Rice	Roast Gammon with Mashed Potatoes & Yorkshire Pudding	Beef Lasagne with Garlic Bread	Fish Fingers with Chips & Ketchup
	<b>OPTION 2 (VEG/VG)</b>	Vegan Sausage Roll with New Potatoes (VG)	Greek Quorn Pitta with Rice (VEG)	Creamy Vegetable Pie with Mashed Potatoes (VEG)	Vegetable Lasagne with Garlic Bread (VEG)	Quorn Nuggets with Chips & Ketchup (VG)
	<b>OPTION 3 (JP)</b>	Baked Potato with Choice of Filling	Baked Potato with Choice of Filling	Baked Potato with Choice of Filling	Baked Potato with Choice of Filling	Baked Potato with Choice of Filling
	<b>DESSERT</b>	Chocolate Cookie	Lemon Drizzle Cake	Rice Pudding with Berry Compote	Peach Crumble with Cream	Ice Cream with Fruit

### AVAILABLE DAILY

- Seasonal Vegetables of the Day
- Salad Bar
- Seasonal Fresh Fruit
- Freshly Baked Bread

### ALLERGY INFORMATION

If you would like to know about particular allergens in foods please ask a member of the catering team for info. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary info to cater for your child's needs.

We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchen it is not possible to completely remove the risk of allergen cross contact.

**MENU KEY -** VEG = Vegetarian    VG = Vegan    JP = Jacket Potato