



Fishergate School Library

**Any time between 9am and 10am on
Thursday, once a month.**

(Dates sent on parentmail)

Come and find out how Alice can help you!

Alice Hawken is the local area coordinator for the Fishergate area. Her role is to support people who are finding life difficult, maybe due to disability, mental/physical health, unemployment, financial worries or other life circumstances.

She will take the time to get to know you and your family and could help you to:

- Explore, think and plan for your future
- Meet new people and introduce you to groups, activities and volunteering in the community
- Get your voice heard and feel in control to make your own choices
- Make practical changes to feel safe, secure, more confident and increase wellbeing
- Find relevant information, advice, support and services and understand complicated service pathways

If you would like to drop in for a chat with a cuppa and a biscuit then just come into school via the front office and someone will show you up to the library.