



## **Fishergate School Library**

**Any time between 9am and 10am on Thursday 25<sup>th</sup> January.**

**Come and find out how Alice can help you!**

**Alice Hawken is the local area coordinator for the Fishergate area. Her role is to support people who are finding life difficult, maybe due to disability, mental/physical health, unemployment, financial worries or other life circumstances.**

**She will take the time to get to know you and your family and could help you to:**

- Explore, think and plan for your future
- Meet new people and introduce you to groups, activities and volunteering in the community
- Get your voice heard and feel in control to make your own choices
- Make practical changes to feel safe, secure, more confident and increase wellbeing
- Find relevant information, advice, support and services and understand complicated service pathways

**If you would like to drop in for a chat with a cuppa and a biscuit then just come into school via the front office and someone will show you up to the library.**