

# Safe

Who makes you feel safe?

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# Safe

Name three things you should do to keep safe online.

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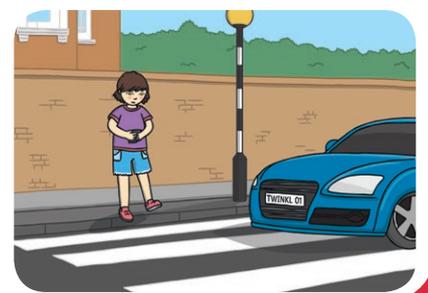
# Safe

Name three people who help you to keep safe.

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# Safe

Identify the dangers.



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# Healthy

What do you do to keep healthy?

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# Healthy

Describe what it means to be healthy.

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# Healthy

What does being healthy look like?

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# Healthy

Name three healthy foods.

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## Healthy

What will you do to be healthy today?

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## Achieving

How does it feel when you achieve?

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## Achieving

Name why is it important to have a growth mindset?

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## Achieving

What does achieving sound like?

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## Achieving

When did you last have a can-do attitude?

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## Achieving

Instead of getting frustrated and giving up when you can't do something at first, what should you do?

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## Nurtured

What does nurtured mean?

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## Nurtured

Describe how you are unique.

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## Nurtured

How does it feel to be nurtured?

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## Nurtured

Name people who make you feel nurtured.

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## Nurtured

Turn to the person sitting next to you and name 2 things about you that are different from them.

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## Active

What happens to your body when you exercise?

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## Active

Why is exercise important?

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## Active

Why is it important to keep active?

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## Active

Name three things you could do to be active.

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## Active

What are you going to do that is active today?

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# Respected

Who do you respect and why?

# Respected

How do you show respect?

# Respected

Who or what should you respect?

# Respected

What does respect sound like?

# Respected

Children are asked their opinion about new playground equipment. One child is unhappy because he doesn't get the piece of equipment he wants; he then starts to put others' views down. The others listen to his views. Who is showing respect and who is being disrespectful?

# Responsible

Why is it important to recycle?

# Responsible

How are you responsible at home?

# Responsible

How are you responsible in school?

# Responsible

Can you think of a time when you have acted responsibly?

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# Responsible

Is this acting responsibly?  
Explain your answer.



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# Included

How does it feel to be included?

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# Included

You are working on a team challenge in class. What could you do to make everyone feel included?

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# Included

What does being included look like in the playground?

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# Included

There is a new child in your class. What do you do to make them feel included?

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# Included

Describe the qualities of a friend.

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