catarli			Fishergate Autumn/Winter 22/23			
cater II feeding the imag	ination	Monday	Tuesday	Wednesday	Thursday	Friday
5 th Sept	Option 1	Minced Beef & Dumpling with Mashed Potatoes and Gravy	Build a Burger Day A choice of Beef Burger or Southern Fried BUILD A BURGER	Roast of the Day with accompaniments , Roast Potatoes and Gravy	Chicken Curry with Rice	Fishfingers/ Salmon Fishfingers with Chips and Tomato Sauce
26 th Sept 17 th Oct	Option2	Cheese and Tomato Pizza with Baby New Potatoes	vegan Burger with Toppings and Potato Wedges	Crunchy Top Veg Bake with Roast Potatoes	Veggie Wrap Stack with Rice	Cheese Omelette with Chips
14 th Nov 5 th Dec	Vegetables Car Green Pec Cru Option 1 Sau with	Cauliflower Green Beans	Peas Sweetcorn	Carrot & Swede Mash Cabbage	Sweetcorn Green Beans	Peas Baked Beans
9 th Jan 30 th Jan	Dessert	Pear and Chocolate Crumble with Custard	Yoghurt & Raisin Cake	Rice Pudding with Mixed Berries	5 A Day Cake and Custard	Vanilla Shortbread 🍣
		Or a choice of Yoghurt & Fresh Fruit and Assorted Desserts available daily				
12 th Sept 3 rd Oct 31 st Oct 21 st Nov 12 th Dec 16 th Jan 6 th Feb	Option 1	Sausage & Onions in Gravy with Baby New Potatoes	Chicken Pie topped with Mashed Potato and Gravy	Roast of the Day with accompaniments , Roast Potatoes and Gravy	Spaghetti Bolognaise with Garlic Bread	Fishfingers with Chips and Tomato Sauce
	Option2	Mac and Cheese Station A choice of different Mac & Cheese flavours, with vegetarian toppings	Veggie Shepherd's Pie with Gravy	Vegetable Pasta Bake	Cheese and Tomato Pizza with Cajun Wedges	Mexican Pastry Roll with Chips
	Vegetables	Peas Carrots	Broccoli Sweetcorn	Carrots Green Beans	Cauliflower Mexican Sweetcorn	Peas Baked Beans
	Dessert	Fruit Crumble with Custard	Chocolate Drizzle Cake	Jelly with Mandarins	Apple & Blackberry Roll with Custard	Fruity FlapJack
		Or a choice of Yoghurt & Fresh Fruit and Assorted Desserts available daily				
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19 th Sept 10th Oct 7 th Nov 28 th Nov 4 th Jan 23 rd Jan 13 th Feb	Option 1	Minced Beef Pasta Bake with Garlic Bread	Pork Sausage Roll with Potato Wedges	Roast of the Day with accompaniments Roast Potatoes and Gravy	Quirky Bird flavoured chicken With Potato Wedges and Salads	Fishfingers with Chips and Tomato Sauce
	Option 2	Cheese and Tomato Pizza with Herby Potatoes	Chinese Vegetable Curry with Rice	Veggie Sausage with Roast Potatoes and Gravy	BBQ Quorn Pieces with Rice	Cheese Quiche with Chips
	Vegetables	Green Beans Carrots	Baked Beans Sweetcorn	Cauliflower Carrots	Broccoli Sweetcorn	Mushy Peas/Garden Peas Baked Beans
	Dessert	Marble Cake	Sticky Toffee Apple Crumble with Custard	Chocolate Cookie	Syrup Sponge with Custard	Apple, Cheese and Crackers
		Or a choice of Yoghurt & Fresh Fruit and Assorted Desserts available daily				
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Added Plant Power

Vegan

Wholemeal

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not completely remove the risk of contamination.