



City Of York Council  
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Dear Parent/Carer,

I thought it would be useful to send you an update with the latest coronavirus update.

In brief the public health advice is that if one person in a family develops symptoms of a new persistent cough and high temperature the whole family have to go into isolation for 14 days. People are allowed to go out for fresh air and exercise but they are not to come into contact with other people so should avoid public spaces.

Community testing isn't being done so people won't be confirmed as positive or negative anymore - if anyone develops symptoms they are assumed positive and need to self-isolate.

Anyone with a chronic health condition affecting the heart or lungs, pregnant women and possibly people with neurological problems are thought to be at greater risk of becoming more seriously ill with the virus. Therefore need to take more care.

Please rest assured that I will share any further updates with you as soon as I get them.

Yours sincerely,

Tina Clarke