

FISHERGATE SPRING 2020



Monday

Tuesday

Wednesday

Thursday

Friday

Week One

6th Jan
27th Jan
24th Feb
16th Mar

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| Option 1 | Sausage in a Hot Dog Bun with Crispy Potatoes | Chicken Curry with Rice | Roast Chicken with Stuffing, Roast Potatoes and Gravy | Tomato and Vegetable Pasta | Fish Fingers / Salmon Fish Fingers with Chips |
| Option 2 | Quorn Sausages in a Hot Dog Bun with Crispy Potatoes | Lentil and Sweet Potato Curry with Rice | Vegetable Puff Pastry Square with Roast Potatoes and Gravy | Macaroni Cheese | Cheese and Tomato Quiche with Chips |
| Option 3 | Jacket Potato with Choice of Topping | Jacket Potato with Choice of Topping | Jacket Potato with Choice of Topping | Jacket Potato with Choice of Topping | Jacket Potato with Choice of Topping |
| Dessert | Apple Flapjack Yoghurt Fresh Fruit | Pineapple Cake Yoghurt Fresh Fruit | Apple, Cheese and Crackers Yoghurt Fresh Fruit | Syrup Sponge with Ice Cream Yoghurt Fresh Fruit | Fruity Shortbread Fresh Fruit & Yoghurt |

All Options are served with Fresh Seasonal Vegetables

Bread freshly baked on site daily
- Daily salad selection

Week Two

13th Jan
3rd Feb
2nd Mar
23rd Mar

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| Option 1 | Ham & Cheese Pizza with Crispy Potatoes | Chicken Fajita Wraps | Roast Gammon Roast Potatoes and Gravy | Pasta Bolognese | Battered Fish with Chips |
| Option 2 | Cheese & Tomato Pizza with Crispy Potatoes | Vegetable Fajita Wrap | Quorn Roast Fillet with Roast Potatoes and Gravy | Vegetable Pasta Bake | Cheese Frittata with Chips |
| Option 3 | Jacket Potato with Choice of Topping | Jacket Potato with Choice of Topping | Jacket Potato with Choice of Topping | Jacket Potato with Choice of Topping | Jacket Potato with Choice of Topping |
| Dessert | Orange and Lemon Shortbread Yoghurt Fresh Fruit | Fruit Crumble & Custard Yoghurt Fresh Fruit | Apple, Cheese and Crackers Yoghurt Fresh Fruit | Chocolate Cake with Chocolate Drizzle Yoghurt Fresh Fruit | Orange & Ginger Cake Fresh Fruit & Yoghurt |

ALLERGY INFORMATION:
If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

Week Three

20th Jan
10th Feb
9th Mar
30th Mar

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| Option 1 | Beef Burger in a Bun With Potato Wedges | Chicken Pasta Bake | Roast Turkey, Roast Potatoes and Gravy | Beef Lasagne | Fish Fingers in Batter With Chips |
| Option 2 | Quorn Burger with Crispy Potatoes | Vegetable Hotpot | Cheese & Pepper Whirl with Roast Potatoes | Vegetable Lasagne | Cheese Baguette with Chips |
| Option 3 | Jacket Potato with Choice of Topping | Jacket Potato with Choice of Topping | Jacket Potato with Choice of Topping | Jacket Potato with Choice of Topping | Jacket Potato with Choice of Topping |
| Dessert | Oaty Cookie Yoghurt Fresh Fruit | Fruit Crumble & Custard Yoghurt Fresh Fruit | Apple, Cheese and Crackers Yoghurt Fresh Fruit | Chocolate and Orange Brownie Yoghurt Fresh Fruit | Lemon Shortbread Fresh Fruit & Yoghurt |