

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Fishergate Autumn 2019

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 2 nd Sept 23 rd Sept 14 th Oct 11 th Nov 2 nd Dec	Main	Pork Sausage in a Hot Dog Roll with Potato Wedges	Mince & Onion in Gravy served with Mashed Potato	Roast Chicken and Stuffing with Roast Potatoes and Gravy	Mild Moroccan Style Chicken with Rice	MSC Fishfingers/ Salmon Fishfingers with Chips
	Vegetarian	Quorn Sausage in a Hot Dog Roll with Potato Wedges	Vegetarian Soya Cottage Pie Mashed Potato topping & Gravy	Vegetable Loaf with Roast Potatoes and Gravy	Soya Mince Stir Fry with Noodles	Cheese and Onion Quiche with Chips
	Jacket Potato	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings
	Dessert	Oaty Cookie	Eves Pudding with Custard	Orange Drizzle Cake	Apple & Honey Crumble with Custard	Fruit, Yoghurt & Granola Station
Week 2 9 th Sept 30 th Sept 21 st Oct 18 th Nov 9 th Dec	Main	Ham Pizza with New Potatoes	Mild Chilli con Carne with Rice	Roast Gammon with Roasted Potatoes and Gravy	Italian Chicken Pasta	MSC Breaded Fish with Chips
	Vegetarian	Cheese and Tomato Pizza with New Potatoes	Macaroni Cheese	Vegetable Pasty with Roast Potatoes and Gravy	Vegetarian Soya Pasta Bolognaise	Vegetable Pasta Bake
	Jacket Potato	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings
	Dessert	Chocolate Shortbread	Banana Loaf	Ice Cream with Mandarins	Fruit Crumble with Custard	Fruit, Yoghurt & Granola Station
Week 3 16 th Sept 7 th Oct 4 th Nov 25 th Nov 16 th Dec	Main	Beef Burger in a Bun with Potato Wedges	Chicken and Gravy Pie with Puff Pastry served with Herby Potatoes	Roast Turkey with Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	MSC Fish in Batter with Chips
	Vegetarian	Quorn Burger with Potato Wedges	Creamy Vegetable Pie with Puff Pastry with Herby Potatoes and Gravy	Quorn Fillet with Roasted New Potatoes and Gravy	Sweet & Sour Quorn with Rice	Red Pepper and Cheese Frittata
	Jacket Potato	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings
	Dessert	Carrot Cake	Rice Pudding with Mixed Berries	Apple, Cheese and Biscuits	Chocolate and Mandarin Sponge	Fruit, Yoghurt & Granola Station



Soil Association

All Main Courses, Vegetarian and Jacket Potatoes served with Seasonal Vegetables daily
Daily Salad Bar Available