**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

## Fishergate Summer 2019



		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Sausages with Baked Potato Wedges and Gravy	Italian Pasta Bolognaise	Roast Gammon with Roast New Potatoes & Gravy	Chicken Fajita Wraps with Rice	MSC Fish Finger with Chipped Potatoes
	Vegetarian	Quorn Sausage with Baked Potato Wedges and Gravy	Quorn & Vegetable Pasta Bake	Creamy Vegetable Pie with Roast Potatoes	Macaroni Cheese	Cheese Baguette with Chipped Potatoes
	Jacket Potato	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings
		Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Baked Beans Garden Peas
	Dessert	Chocolate Cocoa Cookie Yoghurt Fresh Fruit Platter	Lemon Drizzle Cake with Custard Yoghurt Fresh Fruit Salad	Sticky Toffee Apple Crumble with Custard Yoghurt Fresh Fruit Platter	lce Cram & Mandarins Yoghurt Fresh Fruit Salad	Yoghurt, Granola & Fruit Station
Week 2	Main	Beef Burger in a Bun with Baked Jacket Wedges	Sausage Plait with Herby Potatoes	Roast Turkey	Beef Lasagne with Garlic Slice	MSC Fish Fingers or Salmon Fish Fingers with Chipped Potatoes
	Vegetarian	Quorn Burger in a Bun with Baked Jacket Wedges	Mild Lentil and Sweet Potato Curry with Rice	Cheese & Pepper Whirl with Roast Potatoes	Vegetable Fajitas with Rice	Cheese Sandwich with Chipped Potatoes
	Jacket Potato	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings
		Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Baked Beans Garden Peas
	Dessert	Chocolate and Banana Square Yoghurt Fresh Fruit Salad	Apple Flapjack Yoghurt Fresh Fruit Platter	Sliced Cheese, Apple and Biscuits Yoghurt Fresh Fruit Salad	Jelly & Ice Creams Yoghurt Fresh Fruit Platter	Yoghurt, Granola & Fruit Station
Week 3	Main	Ham Pizza with New Potatoes	Homemade Meatballs in a Tomato Sauce with Pasta	Roast Chicken & Stuffing with Roast Potatoes & Gravy	Mild Chicken Tikka Masala with Rice	MSC Fish Fingers with Chipped Potatoes
	Vegetarian	Cheese and Tomato Pizza with New Potatoes	Neapolitan Pasta Bake	Shepherdess Pie	Homemade Vegetable Pasty	Cheese Wrap with Chipped Potatoes
	Jacket Potato	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings	Oven Baked Jacket Potato with a choice fillings
		Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Garden Peas Baked Beans
	Dessert	Vanilla Shortbread Yoghurt Fresh Fruit Platter	Rice Pudding with Berries Yoghurt Fresh Fruit Salad	Chocolate & Beetroot Brownie Yoghurt Fresh Fruit Salad	Mixed Fruit Crumble with Custard Yoghurt Fresh Fruit Platter	Yoghurt, Granola & Fruit Station