

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Fishergate Menu Autumn 2018

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Sausage in a Hot Dog Bun with Ketchup	Chicken Stir Fry with Noodles	Roast Gammon & Pineapple with Roast Potatoes and Gravy	Chicken Tikka with Rice	MSC Salmon Fishcake or Fishfingers with Chips
03-Sep	Vegetarian	Quorn Sausage in a Hot Dog Bun with Ketchup	Macaroni Cheese with Garlic Slice	Quorn Roast with Roast Potatoes and Gravy	Margarita Pizza with Baby New Potatoes	Mexican Style Vegetable Wrap with Chips
24-Sep		Jacket Wedges	Garden Peas	Carrot and Swede	Sweet corn with Peppers	Baked Beans
15-Oct		Sweetcorn Green Beans	Cauliflower	WM Mixed Fruit Crumble & Ice Cream	Broccoli Florets	Garden Peas
12-Nov	Dessert	Chocolate Cookie with Yoghurt	Carrot & Courgette Cake with Custard	Yoghurt	Apple & Berry Cobbler with Custard	Orange Traybake
03-Dec		Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Yoghurt	Fresh Fruit Selection
Week 2	Main	Beef Burger in a Bun with Tomato Sauce	Chicken Neapolitan Pasta Bake	Roast Turkey, Stuffing with Roast Potatoes and Gravy	Spaghetti Beef Bolognese	MSC Breaded Fish with Chips
10-Sep	Vegetarian	Jacket Wedges	Sticky BBQ Quorn with Rice	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Vegetable & Lentil Curry with Rice	Wholemeal Cheese & Tomato Quiche with Chips
01-Oct		Vegetarian Mince Lasagne	Peas	Broccoli	Mixed Vegetables	Baked Beans
22-Oct		Jacket Wedges	Cauliflower	Carrots	Oaty Peach Crumble with Custard	Garden Peas
19-Nov	Dessert	Green Beans	Eves Pudding with Custard	Rice Pudding with Berries	Yoghurt	Chocolate Rock Cake
10-Dec		Sweet corn	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Yoghurt
Week 3	Main	WM Ham Pizza with Baby New Potatoes	Minced Beef Pie with Mash	Roast Chicken, Stuffing with Roast Potatoes and Gravy	BBQ Chicken with Cajun Wedges	MSC Battered Fish with Chips
17-Sep	Vegetarian	Cheese & Tomato Pizza with Baby New Potatoes	Shepherdess Pie	Vegetable Pastry Parcel with Roast Potatoes and Gravy	Five Bean Chilli with Rice	Red Pepper Frittata with Vegetable Couscous
08-Oct		Garden Peas	Green Beans	Savoy Cabbage	Broccoli	Baked Beans
05-Nov		Coleslaw	Sweetcorn	Carrot & Swede	Sweetcorn	Garden Peas
26-Nov	Dessert	Mandarin Upside Down Cake	Rice Pudding with Mixed Berries	Cheese, Apple and Biscuits	Chocolate Sponge with Custard	Lemon Drizzle Traybake
17-Dec		Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
		Fresh Fruit Platter	Fresh Fruit Salad	Fresh Fruit Chunks	Fresh Fruit Salad	Fruit Selection



Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection