

## Week 1

Week Commencing: 24th april / 15th May / 12th June / 3rd july / 24th july / 18th sept / 9th oct

monday	tuesday	wednesday	thursday	friday
Cheese & Tomato Penne Pasta	Mince Beef Cobbler with Potatoes	Roast Chicken & Gravy served with Roast Potatoes	Sausage & Tomato Pasta	Salmon Fish Fingers & Chips
Vegetable Curry with Rice	Cheese & Onion Pasty with Potatoes	Vegetarian Cottage Pie	Margherita Pizza	Homemade Vegetable Cheese Burger & Chips
Jacket Potato with Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw	Jacket Potato with Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw	Jacket Potato with Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw	Jacket Potato with Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw	Jacket Potato with Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw
Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Shortbread	Strawberry Jelly & Ice Cream	Apple Cake & Custard	Chocolate Pear Pudding & Chocolate Sauce	Oat Dream Cookie & Milk

## Week 2

Week Commencing: 1st may / 22nd may / 19th june / 10th july / 4th sept / 25th sept / 16th oct

monday	tuesday	wednesday	thursday	friday
Beef Spaghetti Bolognaise	Chicken Korma with Rice	Roast Turkey & Gravy served with Roast Potatoes	Pork Sausages with Potato Wedges	Fish Fingers & Chips
Neapolitan Pasta	Cheese & Onion Pin Wheel with Potatoes	Vegetable Gratin with Roast Potatoes	Vegetarian Lasagne	Sticky Vegetarian Sausages & Chips
Jacket Potato with Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw	Jacket Potato with Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw	Jacket Potato with Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw	Jacket Potato with Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw	Jacket Potato with Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw
Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Iced Sponge	Chocolate Tiffin	Peaches & Ice Cream	Mixed Berry Sponge & Vanilla Sauce	Chocolate Sponge & Chocolate Custard

## Week 3

Week Commencing: 8th May / 5th june / 26th june / 17th july / 11th sept / 2nd oct / 23rd oct

monday	tuesday	wednesday	thursday	friday
Cheese & Ham Pasta Bake	Sticky Chicken with Rice	Roast Gammon & Gravy with Roast Potatoes & Yorkshire Pudding	Meat Feast Pizza	Battered Fish & Chips
Mozzarella & Tomato Puff Squares with Potatoes	Cheesy Vegetarian Fajitas	Vegetarian Sausage & Gravy with Roast Potatoes & Yorkshire Pudding	Margherita Pizza	Cheese & Sweetcorn Potato Boats
Jacket Potato with Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw	Jacket Potato with Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw	Jacket Potato with Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw	Jacket Potato with Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw	Jacket Potato with Cheese, Baked Beans, Tuna Mayonnaise or Coleslaw
Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Chocolate Cracknell	Marble Sponge & Custard	Flapjack	Strawberry Jelly & Mandarins	Fruit Salad & Yoghurt

## The Guide to Goodness



We use wholegrain flour and serve wholemeal bread.



Many of our homemade desserts contain at least 50% fruit!



Over 75% of our dishes are made fresh on site today from fresh ingredients.



The fish we serve is from well-managed and sustainable fisheries.



Where possible we use ingredients sourced from local producers.