

Play Dough Recipe

This is an excellent play dough recipe which is fun to make and is a great way of developing fine motor skills, strength and stability, precision and touch discrimination.



You will need:

1 cup plain (all-purpose) flour

½ cup salt

2 tablespoons cream of tartar

2 tablespoons vegetable oil

1 cup water with food colouring added

1 teaspoon vanilla essence (optional but it makes the play dough smell nice!)

Put all the ingredients into a large saucepan, and stir over a medium heat until the dough forms into a ball. Allow to cool, and then knead until smooth.

Store in an airtight container (a Ziploc bag with the air pressed out is good).