

FISHERGATE SPRING 2020

-  Added Plant Power
-  Vegan
-  Wholemeal

Monday

Tuesday






Wednesday

Thursday

Friday

Week One

6th Jan
27th Jan
24th Feb
16th Mar

Option 1	Sausage in a Hot Dog Bun with Crispy Potatoes	Chicken Curry with Rice 	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Tomato and Vegetable Pasta 	Fish Fingers / Salmon Fish Fingers with Chips
Option 2	Quorn Sausages in a Hot Dg bun with Crispy Potatoes	Lentil and Sweet Potato Curry with Rice 	Vegetable Puff Pastry Square with Roast Potatoes and Gravy 	Macaroni Cheese	Cheese and Tomato Quiche with Chips
Option 3	Jacket Potato with Choice of Topping	Jacket Potato with Choice of Topping	Jacket Potato with Choice of Topping	Jacket Potato with Choice of Topping	Jacket Potato with Choice of Topping
Dessert	Apple Flapjack Yoghurt Fresh Fruit 	Pineapple Cake Yoghurt Fresh Fruit	Apple, Cheese and Crackers Yoghurt Fresh Fruit	Syrup Sponge with Ice Cream Yoghurt Fresh Fruit	Fruity Shortbread Fresh Fruit & Yoghurt

Week Two

13th Jan
27th Jan
24th Feb
16th Mar

Option 1	Ham & Cheese Pizza with Crispy Potatoes	Chicken Fajita Wraps 	Roast Gammon Roast Potatoes and Gravy	Pasta Bolognaise 	Battered Fish with Chips
Option 2	Cheese & Tomato Pizza with Crispy Potatoes	Vegetable Fajita Wrap	Quorn Roast Fillet with Roast Potatoes and Gravy	Vegetable Pasta Bake 	Cheese Frittata with Chips
Option 3	Jacket Potato with Choice of Topping	Jacket Potato with Choice of Topping	Jacket Potato with Choice of Topping	Jacket Potato with Choice of Topping	Jacket Potato with Choice of Topping
Dessert	Orange and Lemon Shortbread Yoghurt Fresh Fruit	Fruit Crumble & Custard Yoghurt Fresh Fruit	Apple, Cheese and Crackers Yoghurt Fresh Fruit	Chocolate Cake with Chocolate Drizzle Yoghurt Fresh Fruit	Orange & Ginger Cake Fresh Fruit & Yoghurt

Week Three

20th Jan
10th Feb
9th Mar
30th Mar

Option 1	Beef Burger in a Bun With Potato Wedges	Chicken Pasta Bake	Roast Turkey, Roast Potatoes and Gravy	Beef Lasagne	Fish Fingers in Batter With Chips
Option 2	Quorn Burger with Crispy Potatoes	Vegetable Hotpot	Cheese & Pepper Whirl with Roast Potatoes	Vegetable Lasagne 	Cheese Baguette with Chips
Option 3	Jacket Potato with Choice of Topping	Jacket Potato with Choice of Topping	Jacket Potato with Choice of Topping	Jacket Potato with Choice of Topping	Jacket Potato with Choice of Topping
Dessert	Oaty Cookie Yoghurt Fresh Fruit 	Fruit Crumble & Custard Yoghurt Fresh Fruit	Apple, Cheese and Crackers Yoghurt Fresh Fruit	Chocolate and Orange Brownie Yoghurt Fresh Fruit	Lemon Shortbread Fresh Fruit & Yoghurt

All Options are served with Fresh Seasonal Vegetables

Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:
If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.