

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Fishergate
Spring 2019

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Beef Burgers in a Bun with New Potatoes	Chicken and Tomato Pasta	Roast Gammon With Roast Potatoes and Gravy	Chicken Curry with Boiled Rice	MSC Breaded Fish with Chips and Tomato Sauce
7 Jan						
28 Jan	Vegetarian	Quorn Burger in a Bun with New Potatoes	Creamy Broccoli Pasta Bake	Cheese & Pepper Whirl with Roast Potatoes	Soya Mince and Vegetable Stir Fry with Noodles	Veggie Glamorgan Sausage with Chips
25 Feb						
18 March	Vegetables	Vegetable Selection	Vegetable Selection	Vegetable Selection	Vegetable Selection	Vegetable Selection
	Dessert	Oaty Cookie	Pear Crumble (WM) and Custard	Rolled Apple & Strawberry Pie with Custard	Rice Pudding	Lemon Drizzle Traybke
Week 2	Main	Sausage in a Hot Dog Bun with Tomato Sauce and Wedges	Chicken and Sweetcorn Puff Pastry Pie with New Potatoes and Gravy	Roast Turkey with Roast Potatoes & Gravy	Spaghetti Bolognese	MSC Battered Fish with Chips and Tomato Sauce
14 Jan						
4 Feb	Vegetarian	Veggie Hot Dog with Tomato Sauce and Wedges	Macaroni Cheese	Quorn Roast With Roast Potatoes and Gravy	Lentil and Vegetable Curry with Rice	Spinach & Tomato Quiche (WM) with New Potatoes
4 March						
25 March	Vegetables	Vegetable Selection	Vegetable Selection	Vegetable Selection	Vegetable Selection	Vegetable Selection
	Dessert	Chocolate Shortbread	Banana Sponge & Custard	Apple, Cheese and Biscuits	Mixed Fruit Crumble (WM) & Custard	Orange Traybake
Week 3	Main	Ham Pizza (WM) with Wedges	Beef Lasagne	Roast Chicken & Stuffing with Roast Potatoes and Gravy	Beef Tortilla Stack & Rice	MSC Salmon Fish Fingers Or White Fish Fingers with Chips and Tomato Sauce
21 Jan						
11 Feb	Vegetarian	Cheese and Tomato Pizza (WM) with Wedges	Vegetable Lasagne	Vegetable Pastry Puff With Roast Potatoes and Gravy	Quorn Chilli with Rice	Cheese Tomato & Spinach Frittata with Chips
11 March						
1 April	Vegetables	Vegetable Selection	Vegetable Selection	Vegetable Selection	Vegetable Selection	Vegetable Selection
	Dessert	Chocolate and Mandarin Brownie	Lemon & Mixed Berry Cake	Mandarins & Ice Cream	Oaty Peach Crumble and Custard	Pear & Ginger Traybake

Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection