

Want to try a new sport, but can't find any suitable clubs? Getting started with this guide couldn't be any easier. You just need some equipment that is easy to find...

1. A hockey stick
2. A tennis ball
3. Some cones (can be anything e.g a bucket or a plant pot)
4. A small tennis racquet (nothing fancy)

Tennis

You only need a tennis racquet and a ball for this. While holding the racquet in your strong hand, carefully place the ball onto the top of the head of the racquet. Tilt the racquet head to your preferred side, so that the ball rolls round the edge of it. This particular drill is called around the world: your ball is going around the racquet. Enjoy!

Hockey

Firstly, lay out about five cones, roughly one meter apart on a smooth surface, like concrete or tarmac. Then holding your hockey stick with your strong hand on the bottom of the grip and your weak hand on the top, dribble in and out of the cones with the flat part of the stick. Practice this drill a lot and you'll soon be great!

Interviewing our P.E teachers Miss Hawes and Mr Pennington



Mr Pennington



Miss Hawes

If you haven't already noticed, Miss Hawes and Mr Pennington have been planning lots of exciting sports clubs and activities to do with sport. We all know how amazing they are at teaching sport, but how much do we know about them?

What did you do before you became a P.E teacher?

"I was a professional rugby player and I was working for RFU which stands for Rugby Football Union"

"A regional development officer for Rounders"

What were you planning to do if you weren't a P.E teacher?

"A sports journalist"

"A sports development officer"

What is your personal favourite sport and sport to teach?

"I like Rugby, Cricket and football and I like to teach gymnastics."

I love Rounders and I also love to teach it too!"

Do you specialise in any sports?

"Rugby"

"Rounders"

What advice would you give someone who has just started a sports club?

"Enjoy it and listen carefully to find out how to improve."

"Always give 100% and value all the positives. Not just the sports, for example, the friendships you make."

Now hopefully you know just how amazing these two sports teachers are. THEY REALLY ARE AMAZING!!

By Maíya Needley

Lauren Cozens

Fantastic Clubs

As you might of noticed Miss Hawes, Mr Pennington and Mr Evans run a lot of sport clubs for everybody to enjoy. Here is some information about a few of them.

Cricket

Bored? Or simply looking for a new sport to take part in? Cricket on Thursdays for KS2 after school run by Mr Pennington. On the field. From 3:15 till 4:15. "Pressurising to hit it when your batting but still fun

Tennis

Ever wanted to show of some new tennis skills to a friend or have a match with them? Well tennis with Mr Pennington will help you. For KS2 on Monday in the playground/field straight after school. Very popular. From 3:15 till 4:15. "Fun and enjoyable."

KS2 Girls Football

Girls are you bored of the boys over taking the football on the playground? Or do you just want to try out a sport? Girls foot ball will give you a perfect

opportunity. Run also by Mr Evans. Only for KS2 girls on Wednesday after school. Shin pads needed. From 3:15 till 4:30. A pupil commented, "Very tiring and challenging though great fun."

Bean Bag Rounders

Are you in Ks1 and want to play rounders but a little bit afraid of a fast ball flying towards you? Miss McBride has the perfect thing for you. Beanbag

Rounders! On a Thursday. On the field. From 3:15 till 4:15

Summer 2014

Tiddler Times

LE TOUR DE FRANCE

I bet you have always wanted to know about the history of the Tour de France and about the trail round York!

The Tour de France is a multi-stage bike ride primarily held in France; also occasionally coming through other nearby countries. The race was first organised in 1903 although it had to stop for the world wars.

It came back in 1947 managed by L'Équipe.

The first winner was Maurice Garin from France. The people who have won the tour the most times are Jacques Anquetil and Bernard Hinault (both from France), Eddy Merckx from Belgium and Miguel Indurain from Spain. (who are all five time winners.) The most recent winner was Chris Froome who won it in 2013. He cycled for Great Britain.

Have you seen the yellow bikes?

There were yellow bikes all round York. How many did you spot?





By Ruby Miller

The Commonwealth Games



The Commonwealth Games is coming to England! From the 23rd of July to the 3rd of August they will be in full flow. It will be the largest multi-sport event ever held in Scotland, although they also held the 1970 and 1986 games. Here is some background history on how it evolved:

It first started in 1930 when Reverend Astley Cooper wrote an article in The Times suggesting a contest and festival for good-will and good understanding of the British Empire. It has taken place every four years except when it was cancelled due to World War II (1939 - 1945) Here is their logo.



Melville Marks Robinson hosted the very first games in Canada, Hamilton. In the first Commonwealth games women were only allowed to compete in swimming events! But from 1934 onwards they were allowed to compete in athletic events as well.

The next Commonwealth Games will be held in Gold coast, Queens Island, Australia 2018. It attracts around 10 million tourists every year, making it the region's biggest industry! The Commonwealth Games is the 3rd largest multi-sport event in the world with hundreds of young people competing in it each time. It could be you soon!

How competitive are some our teachers *really*?!

Douglas Anderson finds out more...

Ms Rees

Best sport:

Frisbee

Sport skills:

4/10

" I find playing on a hot beach enhances the game."

Miss Jordison

Best sport:

Zumba

Sport skills:

6/10

" Never give up! "

Miss Hawes

Best sport: Rounders

Sport skills:

9/10

"Practise, practise, Practise! "

★ Who's the head house? ★

The school's brilliant idea to run a house competition every term has brought out everyone's competitive side in sport. ,Before the last Competition, the Ennis Elites are in the lead with 70 points, but what happened at the last match this term?

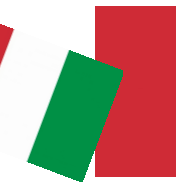
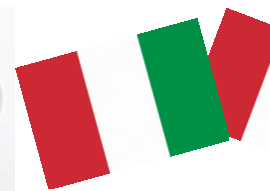
This term, the athletic participants of year 1/2, year 3/4 and year 5/6 played Rounders' and Basketball. Results to be announced soon!

Also, last Friday was the ks2 sports day. You will have won points for your house then too, but who will be on top?

By Zetta



PERFECT PASTA



You will need:

1 Butternut squash (approx. 800g in weight) peeled and diced

4 banana shallots quartered long ways

2 tsp olive oil

400g wholemeal pasta shapes

300g baby spinach leaves

6 tsp ricotta

4 sage leaves , very finely chopped

Zest and juice one lemon

A few gratings of fresh nutmeg

Written by Olivia Butterworth

WORTHINGTONS WONDERFUL COMEBACK

At the start of the football season, York's future wasn't looking bright. Nigel Worthington started managing York in 2013 but didn't get off to a good start. After the first half of the season, York were fighting to avoid relegation and Worthington was close to getting the sack. Luckily, he kept his job and saved York from the dreaded relegation. During the winter transfer market, Worthington brought in the likes of Ryan Brobbel, John McCombe, Russell Penn (captain) and many others. This kickstarted York's race for the playoffs.

The fight for the last two play off places was between three teams: York, Southend and Oxford. Near the end of the season, York accepted a loan offer from Mansfield for their striker Calvin Andrew. With his excellent heading he helped York clinch a play off place before all their games had ended. All was left for York was to win the play offs and get to Wembley. Worthington's side were to play Fleetwood. This wasn't good news because Matty Blair (an ex York player who now plays for Fleetwood) scored the vital goal at Wembley to get York into League 2. I bet you can't guess what he went and did next: he scored the only goal in the two-legged play off against York! Despite his muted celebration, Blair was getting on the York fans nerves by diving and play dirty. Although fans were disappointed about this season, next season is looking to be a good one with York signing many more players including a new keeper called Jason Mooney.



By Top News Reporter Alfie Evans



Match Events

In school we have been multiplying the amounts of sport clubs/lessons through out the year such as : Netball, Tennis, Cricket, Tri-golf and Football. These are some of the few matches that we have chosen from the many hundreds of them.

Fishergate

Vs

Poppleton

Tri-golf
Match

On the 14th of May a group of Year 3/4 Tri-golfers went to Strensall to participate in some activities on Tri-golf skills. Poppleton is one of the many schools that took part in this competition. The new Tri-golfers had only practised one and showed promising skills.

Fishergate

Vs

St Oswalds

Rounder's 17.5-3

On the 17th of June a group of Year 5/6 children went to Fulford school to play a Rounder's match against St Oswald's school. Fishergate won the competition 17.5-3 against St Oswald's primary school.

Fishergate

Vs

Dunnington

Cricket Match

On the 6 of May a group of Year 3/4 cricketers went to Dunnington to have a cricket match against two other schools which included Dunnington primary school. Even though they lost both games, they only had one practise and showed potential skills.