



# Fishergate Newsletter 2

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5th October 2017



Welcome to October and another newsletter. I thought that you might be interested to know that the teachers have all introduced 'RelaxEd' into their timetables. The idea of this is that it gets children 'brain ready' to learn. It promotes resilience and confidence, and gives children the ability to actively engage the different areas of their brain thereby promoting learning, processing and crucially the retention of learning. The regular practice of mindfulness and relaxation has been proven to promote positive behaviour, emotional literacy, concentration, self-esteem, anger and anxiety issues and social interaction. Have a chat with your child and see what they tell you!

I am very pleased to introduce you to our new school councillors. They are – Molly Newbon, Mia Braithwaite-Fogg, Siri Jamieson-Wannell, Tanith Livsey, Kizzy Whitehead, Susannah Hunt, Freddie Hargreaves, Aisha Shaibu,, Edie Turton, Aaron Rich and Kiri Shaw. Well done to each and every one of them I am sure that they will do a great job of representing their class mates and making Fishergate an even better place to learn.

It was great to see a good turn out at the phonics parent workshop this week. Don't forget that we have two more of these coming up this half term. KS1 maths on the 18<sup>th</sup> October and Year 5/6 writing on Wednesday 25<sup>th</sup>.

Finally a huge good luck to all of you who are running the York marathon or ten miles this Sunday – especially our very own Sarah Wilson and her husband Mike.

## SCHOOL PHOTOS

**Individual school photos will be taken during the school day this Friday 6<sup>th</sup> October. Please ensure your child is in correct uniform and brings their biggest smile!**

## NITS AND HEAD LICE

PLEASE, PLEASE, PLEASE can you ensure that your child's hair is checked regularly for Nits and Head Lice. We have had numerous cases of these unwanted creatures reported to us over the past few weeks. Advice on how to treat Nits and Head Lice easily and effectively can be found on the NHS website. It is imperative that all parents check regularly if we are to have any chance of eradicating Nits and Head Lice from Fishergate.

## MIDDAY SUPERVISORS REQUIRED

We urgently need midday supervisors. Hours are 11.45am until 1.15pm, Monday to Friday. If you are interested then please see Emma /Helen in the office for an application form.